

DEC CLASSES [®]

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3 9:30am-STRETCH 10am-ZUMBA 5:30pm-PUMP	4 9am-(B)TAI CHI 9:30am-TAI CHI 5:30pm-YOGA	5 5pm-CORE 5:30pm-KICKBOX	6 9:30am-TAI CHI 10:30am-CIRCUIT 5:30pm-BLUERUSH	7 9:30am-ZUMBA 5pm-CORE 5:30-SUSPENSION	8 11:30am-CORE
9	10 9:30am-STRETCH 10am-ZUMBA 5:30pm-PUMP	11 9am-(B)TAI CHI 9:30am-TAI CHI 5:30pm-YOGA	12 5pm-CORE 5:30pm-KICKBOX	13 9:30am-TAI CHI 10:30am-CIRCUIT 5:30pm-BLUERUSH	14 9:30am-ZUMBA 5pm-CORE 5:30-SUSPENSION	15 11:30am-CORE
16	17 9:30am-STRETCH 10am-ZUMBA 5:30pm-PUMP	18 9am-(B)TAI CHI 9:30am-TAI CHI 5:30pm-YOGA	19 5pm-CORE 5:30pm-KICKBOX	20 9:30am-TAI CHI 10:30am-CIRCUIT 5:30pm-BLUERUSH	21 9:30am-ZUMBA 5pm-CORE 5:30-SUSPENSION	22 11:30am-CORE
23	24 NO CLASSES	25 CLOSED	26 5pm-CORE 5:30pm-KICKBOX	27 9:30am-TAI CHI 10:30am-CIRCUIT 5:30pm-BLUERUSH	28 9:30am-ZUMBA 5pm-CORE 5:30-SUSPENSION	29 11:30am-CORE
30	31 9:30am-STRETCH 10am-ZUMBA 5:30pm-PUMP		HOURS: MONDAY – WEDNESDAY - 5AM-9PM THURSDAY – FRIDAY - 5AM-8PM SATURDAY-SUNDAY - 8AM-4PM			