

Sept. Classes [®]

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 9:30am-Stretch (S) 10am-Zumba (L) 5:30pm-Pump (J)	3 9am-B Tai Chi (V) 9:30am-Tai Chi (V) 5:30pm-Yoga (Bk)	4 5pm-CORE (A) 5:30pm-Kickbox (Bk)	5 10:30am-Circuit(CH) 5:15pm-Blue Rush(CH)	6 9:30am-Zumba (L) 5pm-Suspend (A)	7 10am-Circuit (B)
8	9 9:30am-Stretch (S) 10am-Zumba (L) 5:30pm-Pump (J)	10 9am-B Tai Chi (V) 9:30am-Tai Chi (V) 5:30pm-Yoga (Bk)	11 5pm-CORE (A)	12 9am-B Tai Chi(V) 9:30am-Tai Chi(V) 10:30am-Circuit(CH) 5:15pm-Blue Rush(CH)	13 9:30am-Zumba (L) 5pm-Suspend (A)	14 10am-Circuit (B)
15	16 9:30am-Stretch (S) 10am-Zumba (L) 5:30pm-Pump (J)	17 9am-B Tai Chi (V) 9:30am-Tai Chi (V) 5:30pm-Yoga (Bk)	18 5pm-CORE (A) 5:30pm-Kickbox (Bk)	19 9am-B Tai Chi(V) 9:30am-Tai Chi(V) 10:30am-Circuit(B) 5:15pm-Blue Rush(B)	20 9:30am-Zumba (L) 5pm-Suspend (A)	21 10am-Circuit (B)
22	23 9:30am-Stretch (S) 10am-Zumba (L) 5:30pm-Pump (CH)	24 9am-B Tai Chi (V) 9:30am-Tai Chi (V) 5:30pm-Yoga (Bk)	25 5pm-CORE (A) 5:30pm-Kickbox (Bk)	26 9am-B Tai Chi(V) 9:30am-Tai Chi(V) 10:30am-Circuit(CH) 5:15pm-Blue Rush(CH)	27 9:30am-Zumba (L) 5pm-Suspend (A)	28 10am-Circuit (B)
29	30 9:30am-Stretch (S) 10am-Zumba (L) 5:30pm-Pump (J)					