

Sept. Classes ©

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10am – CORE (ALI)	2 10am – CORE (CH) 5:15pm–PUMP (AN)	3 10am– CIRCUIT (CH) 5:15pm–RUSH (SE)	4 4PM– TAI CHI (VY)	5 11AM– TAI CHI (VY) 4PM– PUMP (CH) 5PM–CORE (CH)	6 10AM–CIRCUIT (CH)	7 9AM–CIRCUIT (AL)
8 10am – CORE (ALI)	9 10am – CORE (CH) 5:15pm–PUMP (AN)	10 10am– CIRCUIT (CH) 5:15pm–RUSH (SE)	11 4PM– TAI CHI (VY)	12 11AM– TAI CHI (VY) 4PM– PUMP (CH) 5PM–CORE (CH)	13 10AM–CIRCUIT (CH)	14 9AM–CIRCUIT (AL)
15 10am – CORE (ALI)	16 10am – CORE (CH) 5:15pm–PUMP (AN)	17 10am– CIRCUIT (CH) 5:15pm–RUSH (SE)	18 4PM– TAI CHI (VY)	19 11AM– TAI CHI (VY) 4PM– PUMP (CH) 5PM–CORE (CH)	20 10AM–CIRCUIT (CH)	21 9AM–CIRCUIT (AL)
22 10am – CORE (ALI)	23 10am – CORE (CH) 5:15pm–PUMP (AN)	24 10am– CIRCUIT (CH) 5:15pm–RUSH (SE)	25 4PM– TAI CHI (VY)	26 11AM– TAI CHI (VY) 4PM– PUMP (CH) 5PM–CORE (CH)	27 10AM–CIRCUIT (CH)	28 9AM–CIRCUIT (AL)
29 10am – CORE (ALI)	30 10am – CORE (CH) 5:15pm–PUMP (AN)					